



# CHARLEVILLE BLUE LIGHT BOXING GYM TRAINING TIMETABLE

## MONDAY

- ➔ 3:30pm - 4:30pm ages 10 - 17  
(u10's require adult supervision)
- ➔ 5:30pm - 6:30pm Adults  
Trainers - Louise and Amelia

## WEDNESDAY

- ➔ 3:30pm - 4:30pm ages 10 - 17  
(u10's require adult supervision)

## TUESDAY

- ➔ 5:30pm - 6:30pm Adult Women  
Trainer - Donna

## THURSDAY

- ➔ 5:00 am - 6:00am Adults  
Trainer - Peter
- ➔ 3:30pm - 4:30pm ages 10-17  
(u10's require adult supervision)  
Trainers - Laurie & Sharon
- ➔ 5:30pm - 6:30pm  
Trainers - Louise & Amelia

12 MONTH MEMBERSHIPS - FORMS AVAILABLE AT THE POLICE STATION  
\$20 ADULTS \$5 STUDENTS  
TRAINING GOLD COIN

CONTACT LAURIE FOR MORE INFORMATION - 46505511