



[www.ruralhealthconnect.com.au](http://www.ruralhealthconnect.com.au)

Rural Health Connect is an online platform that allows you to do free sessions with a psychologist over video conferencing.

**Speak to a psychologist from home, or wherever you are, over smartphone or computer.**

- Sessions are bulk billed (free) for anyone whose mental health has been impacted by bushfire (you do not need to have been directly impacted)
- No GP referral or mental health care plan necessary if the session is related to bushfire
- Wide range of specialties available, including children's

Simply go to the website and **sign up**. We will then call you to confirm which psychologist and time would suit.

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We are here to help. Please call **0427 692 377** for assistance.



*Rural Health Connect is a social enterprise committed to improving access to mental health services in rural Australia*