

# SIS30115 Certificate III in Sport and Recreation

*With SIS20115 Cert II Sport and Recreation embedded*

## 2017 Course Schedule

### YEAR 1

TERM 1	TOPICS	<ul style="list-style-type: none"> <li>• Introduction to the Sport, Fitness &amp; Recreation Industry</li> <li>• Workplace Health and Safety in Sport</li> <li>• Emergency situation training (in a sport/recreation context)</li> <li>• <u>Term Program</u>: Participate in a 5-Week Sports Program</li> <li>• Officiating Principles</li> </ul>	
	SPECIFIC REQUIREMENTS	Introductory Level Officiating General Principles online course; <u>OR</u> Sport-Specific Officiating Accreditation	
TERM 2	TOPICS	<ul style="list-style-type: none"> <li>• Provide quality service</li> <li>• Using social media tools for Sport and Recreation</li> <li>• Risk Assessment of activities</li> <li>• <u>Term Program</u>: Officiate games or competitions</li> </ul>	
TERM 3	TOPICS	<ul style="list-style-type: none"> <li>• Maintain sport, fitness and recreation equipment</li> <li>• Assist with session delivery</li> <li>• Risk assessment and safety aspects of equipment</li> </ul>	
TERM 4	TOPICS	<ul style="list-style-type: none"> <li>• Organise work tasks</li> <li>• Working with different participants</li> <li>• Conduct non-instructional programs for participants</li> </ul>	
	SPECIFIC REQUIREMENTS	<u>ADDITIONAL</u> : Provide First Aid Course (Cert II completion)	
Competencies Scheduled for Completion	HLTWHS001	Participate in workplace health and safety	
	SISSOF101	Develop and update officiating knowledge	
	SISXEMR001	Respond to emergency situations	
	SISXFAC001	Maintain equipment for activities	
	BSBWHS303	Participate in WHS hazard identification, risk assessment and risk control	

<b>TERM 4</b>	Competencies Scheduled for Completion <i>Continued.</i>	ICTWEB201	Use social media tools for collaboration and engagement
		SISXCCS001	Provide quality service
		BSBWOR202	Organise and complete daily work activities
		SISXCAI002	Assist with activity sessions
		SISXIND001	Work effectively in sport, fitness and recreation environments
		SISXCAI001	Provide equipment for activities
		HLTAID003	Provide first aid

## YEAR 2

<b>TERM 5</b>	<b>TOPICS</b>	<ul style="list-style-type: none"> <li>Develop knowledge of coaching practices</li> <li>Coach beginner participants to develop fundamental skills</li> <li>Warm-ups and Cool-downs</li> </ul>
	<b>SPECIFIC REQUIREMENTS</b>	Community Coaching General Principles online course; <u>OR</u> Sport-Specific Coaching Accreditation

<b>TERM 6</b>	<b>TOPICS</b>	<ul style="list-style-type: none"> <li>Organising work priorities</li> <li>Plan, conduct and evaluate various sport and recreation sessions</li> <li>Identify personal development opportunities</li> </ul>
	<b>SPECIFIC REQUIREMENTS</b>	<u>MAJOR PROJECT</u> : Sports Performance Program (Selected Client Group)

	<b>TOPICS</b>	<ul style="list-style-type: none"> <li>Organising work priorities</li> <li>Plan, conduct and evaluate various sport and recreation sessions</li> <li>Identify personal development opportunities</li> <li>First Aid &amp; CPR certificate</li> </ul>	
	<b>SPECIFIC REQUIREMENTS</b>	Provide First Aid course (if not completed Term 4)	
<b>TERM 7</b>	Competencies Scheduled for Completion	SISSSCO101	Develop and update knowledge of coaching practices
		SISXIND002	Maintain sport, fitness and recreation industry knowledge
		BSBADM307	Organise schedules
		BSBCRT301	Develop and extend critical thinking skills
		SISXCAI006	Facilitate groups
		BSBWOR301	Organise personal work priorities and development
		SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions
		SISXCAI004	Plan and conduct programs